



STORY

INTRINSIC COACH®

STRESS

EVERY TIME I SAW
HIM I WOULD
LITERALLY STRESS
OUT.



When you choose to regard someone as capable, creative and complete you open up exciting opportunities.

I work with attorneys at a law firm in downtown Phoenix. There is one attorney who is not so easy to work with. Every time I saw him I would literally stress out, get nervous, and feel as if I wasn't doing what he was asking of me. I didn't feel he told me what he wanted or what outcomes he wanted from the work I do so I'd use my best judgment and complete the document the way I felt he wanted it. Unfortunately it would never be correct.

One day, as a result of participating in Intrinsic Coach® training, I told myself I wasn't going to be scared. I would work with him as I would any other attorney. I intentionally chose to regard him as capable, creative and complete and asked him what outcomes he wanted from the work I did. Making this choice created a very positive outcome.

Because I changed toward him, now this attorney is more open to me, respects me, and we work together well. He tells me clearly what he wants down to every last detail and we now have a great working relationship.

I've realized that when you choose to regard someone as capable, creative and complete, amazing things happen. It is exciting what happens when you choose to build on things that you don't initially see in a person. If you speak to these things, not even knowing exactly what they are, you will find them.

Joy Acree, Word Processor
Scottsdale, AZ

INTRINSIC COACH®

